

Winter training program 2017/18

U19 team

Name	Club
1 Abdullah Raja	Christiania cc
2 Amin Alozai	Stromso cc
3 Arab Hussain Afridi	Stromso cc
4 Atiqullah Dawlatzai	Drammen cc
5 Azizullah Tarakhel	Moholt cc
6 Fazil Ata WK	Holmlia cc
7 Gran Agha Sinzai	Spectra cc
8 Haris Khan	City cc
9 Harrot Noori	Nord cc
10 Hassan Munir	Mask cc
11 Hayatullah Niazi	Fossum cc
12 Henry Glanfield WK	Nord cc
13 Javed Maroff Khan	Stromso cc
14 Junaid Sheikh	Klemetsrud cc
15 Kabeer Mangal	Spectra cc
16 Manpreet Singh WK	Falken cc
17 Nakkash	Falken cc
18 Nasrat Bismillah	Asker cc
19 Oudrat ullah Maroofkhel	Stromso cc
20 Saim Khan	Holmlia cc
21 Sami Warriach	Aker cc
22 Tariq Maroof	Sandnes cc
23 Zeeshan Hafiz	Lindeberg cc

Training times starting from 14-12-17

Yellow every Friday	1630-1830
Green every Monday	1630-1830

Holiday camp everyday from 26th to 29th of December

Green	1000-1200
Yellow	1300-1500

Academy Team

Name	Club
1 Abdullah Sheikh	Klemetsrud cc
2 Adeel Mahmood WK	Sentrum cc
3 Ali Zaman	Nord cc
4 Arsalan Ahmed	Sinsen cc
5 Bilal Safdar	Star cc
6 Faizan Mumtaz	Fossum cc
7 Hamza Butt	Falken cc
8 Hashir Hussain	Oslo cc
9 Hassan Mahmood	Sentrum cc
10 Ibrahim Mehmood	Sentrum cc
11 Ibrahim Mughal	Klemetsrud cc
12 Junaid Mehmood Hussain WK	Nation cc
13 Khizer Ahmed	Sinsen cc
14 Muhammad Awais WK	Stromso cc
15 Muhammad Nauman	Falkan cc
16 Mukhtar Maroofkhel	Valerenga cc
17 Noor Shanwari	Sandefjord cc
18 Prateeq Agnihotri	Sentrum cc
19 Prithvi Bharat	Nord cc
20 Sadiq Maroof WK	Fossum cc
21 Shehan Nugera	Drammen cc
22 Waris Issa Khel	Christiania cc

Training times starting from 13-12-17

Yellow every Friday	1830-2030
Green every Wednesday	1630-1830